



You're the Best Break



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Choreographed: 31 October, 2020

Artist: Ed Bruce, **Album:** This Old Hat, Track 2 (2002)

Time: 3:20, **Speed:** 100%, as downloaded

Download: https://www.amazon.com/dp/B000ZUK1LI/ref=dm_ws_tlw_trk2

Preview: <https://www.youtube.com/watch?v=AQGxt3pMOwY>

Rhythm: Two Step, **Phase:** 2, **Difficulty:** Easy

Footwork: Opposite unless noted (Woman's footwork in parenthesis)

Sequence: INTRO, A, A, B, INT, A, B, INT (5-8), B, END

INTRODUCTION

1-4 (OP FCG WALL) WAIT 2 ; ; APART POINT ; TOGETHER TOUCH (BFLY) ;

1-2 {Wait} in OP fcg ptr & WALL wait 2 meas;-;

3-4 {Apart Point} stp apt L,-, pt R,-; {Together Touch} fwd R,-,tch L to CP WALL,-;

5-8 OPEN VINE 8 ; ; ; ;

5-6 {Open Vine} sd L,-,XRIBL to L OP (W XLIBR),-; trng to fc sd L,-,XRIFL to (W XLIFR) to BFLY fcg WALL,-;

7-8 sd L,-,XRIBL to L OP (W XLIBR),-; trng to fc sd L,-,XRIFL to (W XLIFR) to BFLY fcg WALL,-;

PART A

1-4 LACE UP ; ; ; ;

1-2 {Lace Up} fdg W under jnd ld hnds fwd L chg sds, cl R, fwd L,-; fwd R, cl L, fwd R,-;

3-4 ldg W under jnd trl hnds fwd L chg sds, cl R, fwd L,-; fwd R, cl L, fwd R,-;

5-8 FORWARD LOCK FORWARD TWICE ; ; SCOOT ; WALK & FACE (CP WALL) ;

5-6 {Forward Lock Forward} with slight L shldr ld fwd L, lk R in bk of L,-; with slight R shldr ld fwd L, lk R in bk of L,-;

7-8 {Scoot} fwd L, cl R, fwd L, cl R; {Walk & Face} fwd L,-, fwd R trng to fc ptrn in BFLY WALL,-;

9-12 BROKEN BOX ; ; ; ;

9-10 {Broken Box} sd L, cl R, fwd L,-; fwd R,-, rec L,-;

11-12 sd R, cl L, bk R,-; bk L,-, rec R,-;

13-16 FORWARD HITCH ; SCISSORS THRU ; TWIRL 2 ; WALK & FACE (CP WALL) ;

13-14 {Forward Hitch} fwd L, cl R, bk L,-; {Scissors Thru} sd R, cl L, XRIFL (W XLIFR) to OP fcg LOD,-;

15-16 {Twirl 2} fwd L,-, fwd R,- (W fwd R trng RF undr ld hnds,-, cont trn sd & bk L) ; {Walk & Face} twd LOD fwd L,-, fwd R trng to fc ptrn in CP WALL,-;

REPEAT PART A

PART B

1-4 TRAVELING BOX ; ; ; ;

1-2 {Begin Traveling Box} sd L, cl R, sd L trng to SCAR RLOD,-; fwd R,-, fwd L to fc ptrn CP WALL,-;

3-4 {Finish Traveling Box} sd R, cl L, bk R trng to SCP fcg LOD,-; fwd L,-, fwd R,-;

5-8 CIRCLE AWAY & TOGETHER (TO BOL BJO) ; ; WHEEL 6 (TO BJO LOD) ; ;

5-6 {Circle Away Two Steps} circling LF fwd L, cl R, fwd L twd COH (W twd WALL),-; cont circ fwd R, cl L, fwd R to BJO fcg WALL,-;

7-8 {Wheel} in BOL BJO pos fcg WALL beg RF trn fwd L, cl R, fwd L,-; cont RF trn fwd R, cl L, fwd R to BJO fcg LOD,-;

9-12 TRAVELING SCISSORS ; ; ; ;

- 9-10 {Begin Traveling Scissors} sd L, cl R, fwd XLIFR (W XRIBL) to SCAR,-; fwd R,-, fwd L,-;
11-12 {Finish Traveling Scissors} sd R, cl L, fwd XRIFL (W XLIBR) to BJO,-; fwd L,-, fwd R,-;

13-16 FORWARD HITCH ; HITCH/SCISSORS ; 2 TURNING TWO STEPS (CPW) ; ;

- 13-14 {Forward Hitch} fwd L, cl R, bk L,-; {Hitch/Scissors} sd R, cl L, XRIFL (W XLIFR) to SCP,-;
15-16 {Turning Two Steps} sd L, cl R, fwd L pvtg RF 1/2,-; sd R, cl L, fwd R pvtg RF 1/2 to CP fcg WALL,-

INTERLUDE

1-4 SIDE TWO STEP LEFT & RIGHT (BFLY) ; ; FACE TO FACE ; BACK TO BACK ;

- 1-2 {Side Two Steps} sd L, cl R, sd L,-; sd R, cl L, sd R blndng to BFLY fcg WALL,-;
3-4 {Face to Face} sd L, cl R, sd L trng LF 1/2,-; {Back to Back} sd R, cl L, sd R trng RF 1/2 to BFLY,-;

5-8 OPEN VINE 8 ; ; ; ;

- 5-6 {Open Vine} trng to fc sd L,-,XRIBL to L OP (W XLIBR),-; trng to fc sd L,-,XRIFL to (W XLIFR) to BFLY fcg WALL,-;
7-8 sd L,-,XRIBL to L OP (W XLIBR),-; trng to fc sd L,-,XRIFL to (W XLIFR) to BFLY fcg WALL,-;

**REPEAT PART A
REPEAT PART B
REPEAT INTERLUDE (5-8)
REPEAT PART B**

ENDING

1-4 SIDE TWO STEP LEFT & RIGHT ; ; FACE TO FACE ; BACK TO BACK ;

- 1-2 {Side Two Steps} sd L, cl R, sd L,-; sd R, cl L, sd R blndng to BFLY fcg WALL,-;
3-4 {Face to Face} sd L, cl R, sd L trng LF 1/2,-; {Back to Back} sd R, cl L, sd R trng RF 1/2 to BFLY,-;

5-8 LACE UP (CPW) ; ; ; ;

- 5-6 {Lace Up} fdg W under jnd ld hnds fwd L chg sds, cl R, fwd L,-; fwd R, cl L, fwd R,-;
7-8 ldg W under jnd trl hnds fwd L chg sds, cl R, fwd L,-; fwd R, cl L, fwd R trng to fc ptrn CP fcg WALL,-;

9-12 TRAVELING BOX (BFLY) ; ; ; ;

- 9-10 {Begin Traveling Box} sd L, cl R, sd L trng to SCAR RLOD,-; fwd R,-, fwd L trng to fc ptrn in CP fcg WALL,-;
11-12 {Finish Traveling Box} sd R, cl L, bk R trng to SCP fcg LOD,-; fwd L,-, fwd R trng to fc ptrn in BFLY fcg WALL,-;

13-16 OPEN VINE 8 ; ; ; ;

- 13-14 {Open Vine} trng to fc sd L,-,XRIBL to L OP (W XLIBR),-; trng to fc sd L,-,XRIFL to (W XLIFR) to BFLY fcg WALL,-;
15-16 sd L,-,XRIBL to L OP (W XLIBR),-; trng to fc sd L,-,XRIFL to (W XLIFR) to BFLY fcg WALL,-;

17 POINT LOD & HOLD ;

- 17 {Point & Hold} trng to SCP fcg LOD pt L twd LOD and hold,-,-;

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Jim & Kathie Kline; December, 2020
Ed Bruce; This Old Hat, Track 2 (2002)
Two Step; Phase 2

Sequence: INTRO, A, A, B, INT, A, B, INT (5-8), B, END

INTRODUCTION

1-4 (OP FCG WALL) WT 2 ; ; APT PT ; TOG TCH (BFLY) ;
5-8 OP VIN 8 ; ; ; ;

PART A

1-4 LC UP ; ; ; ;
5-8 FWD LK FWD 2X ; ; SCOOT ; WLK & FC (CPW) ;
9-12 BRKN BOX ; ; ; ;
13-16 FWD HTCH ; SCIS THRU ; TWRL 2 ; WLK & FC ;

PART A

1-4 LC UP ; ; ; ;
5-8 FWD LK FWD 2X ; ; SCOOT ; WLK & FC (CPW) ;
9-12 BRKN BOX ; ; ; ;
13-16 FWD HTCH ; SCIS THRU ; TWRL 2 ; WLK & FC ;

PART B

1-4 TRAV BOX ; ; ; ;
5-8 CIRC AWY & TOG (BJO) ; ; WHL 6 (BJO LOD) ; ;
9-12 TRAV SCIS ; ; ; ;
13-16 FWD HTCH ; HTCH/SCIS ; 2 TRN TWO STPS (CPW) ; ;

INTERLUDE

1-4 SD TWO STP L & R ; ; FC-FC ; BK-BK ;
5-8 OP VIN 8 ; ; ; ;

PART A

1-4 LC UP ; ; ; ;
5-8 FWD LK FWD 2X ; ; SCOOT ; WLK & FC (CPW) ;
9-12 BRKN BOX ; ; ; ;
13-16 FWD HTCH ; SCIS THRU ; TWRL 2 ; WLK & FC ;

PART B

1-4 TRAV BOX ; ; ; ;
5-8 CIRC AWY & TOG (BJO) ; ; WHL 6 (BJO LOD) ; ;
9-12 TRAV SCIS ; ; ; ;
13-16 FWD HTCH ; HTCH/SCIS ; 2 TRN TWO STPS (CPW) ; ;

INTERLUDE

5-8 OP VIN 8 ; ; ; ;

PART B

1-4 TRAV BOX ; ; ; ;

5-8 CIRC AWY & TOG (BJO) ; ; WHL 6 (BJO LOD) ; ;

9-12 TRAV SCIS ; ; ; ;

13-16 FWD HTCH ; HTCH/SCIS ; 2 TRN TWO STPS (CPW) ; ;

ENDING

1-4 SD TWO STP L & R ; ; FC-FC ; BK-BK ;

5-8 LC UP ; ; ; ;

9-12 TRAV BOX ; ; ; ;

13-16 OP VIN 8 ; ; ; ;

17 PT LOD & HOLD ;