



## It's My Life



**Choreographer:** Jim & Kathie Kline, 207 N. Mason Street, Smithfield, VA 23430

**Email:** jim@kallingkline.com; **Released:**

**Choreographed:** 10 July, 2021

**Artist:** Bon Jovi, **Time:** 3:44; **Speed:** 100%

**Album:** Crush, Track 1 (2000)

**Download:** [https://www.amazon.com/dp/B000V62YY8/ref=dm\\_ws\\_tlw\\_trk1](https://www.amazon.com/dp/B000V62YY8/ref=dm_ws_tlw_trk1)

**Preview:** <https://www.youtube.com/watch?v=2AB-ieB0sTg>

**Rhythm:** Foxtrot; Phase IV+1 (Natural Hover Cross); **Difficulty:** Average

**Footwork:** Opposite unless noted (Woman's footwork in parenthesis)

**Sequence:** INTRO, A, B, INT, A, B, C, A (9-13), B, B, END

### INTRODUCTION

#### **1-4 (CP FACING WALL) WAIT 2 MEASURES ; ; HOVER ; THRU CHASSE (BJO) ;**

1-2 {Wait} in CP fcg WALL wait 2 measures,-,-,-,-,-,-,-,-;

3-4 {Hover} fwd L,-, sd & fwd R w/slight rise, rec L; {Thru Chasse to BJO} thru R trng to fc ptr,-, sd L/cl R, fwd L trng LF (W thru L trng to fc ptr,-, sd R/cl L, trng LF bk R) to BJO fcg DLW;

### PART A

#### **1-4 DEVELOPE ; OUTSIDE SWIVEL ; IN & OUT RUNS (SCP) ; ;**

1-2 {Develope} in BJO fwd L chkg,-,-,- (W bk R,-, bring L ft to R knee, extend L ft fwd); {Outside Swivel} bk L w/R shldr ld,-, pull R across L [no weight],- (fwd R,-, swivel 1/2 RF,-) to SCP fcg DLW;

3-4 {In & Out Runs} M thru R comm RF turn,-, sd & bk L cont turn to CP, bk R to contra BJO fcg RLOD (W fwd L,-, R betw M's ft, fwd L in contra BJO); bk L turn RF,-, sd & fwd R betw W's feet cont RF turn, fwd L to SCP LOD (W fwd R turn RF,-, fwd & sd L cont. turn, fwd R to SCP);

#### **5-8 WHIPLASH ; BACK HOVER (SCP) ; NATURAL HOVER CROSS ; ;**

5-6 {Whiplash} thru R,-, pnt L sd & fwd,- (W thru L,-, swvl LF on L to fc ptr, pnt R sd & bk,-) end BJO LOD; {Back Hover to SCP} bk L,-, sd & bk R w/slight rise, rec L (W fwd R,-, sd & fwd L w/slight rise trng to SCP, rec R);

7-8 {Natural Hover Cross} fwd R comm RF trn,-, sd L cont 1/4 RF trn, sd R cont 1/2 RF trn (bk L comm RF trn,-, cl R to L trng 3/8 RF, sd L trng 3/8 RF) to CP DLC; fwd L trng RF to SCAR, rec R, sd & fwd L, fwd R to BJO DLC (bk R in SCAR, rec L, sd & bk R, sd & bk L) to BJO DLC;

#### **9-12 REVERSE WAVE 1/2 ; OUTSIDE CHECK ; IMPETUS (SCP) ; NATURAL TURN 1/2 ;**

9-10 {Reverse Wave 1/2} fwd L trng LF,-, fwd R trng LF to CP DRC, bk L (W bk R comm LF trn,-, cl L to R for heel trn, fwd R); {Outside Check} bk R trng slightly LF,-, cont slight LF trn sd & fwd L, fwd R outsd ptr to BJO DRW w chkg action;

11-12 {Impetus} comm RF upper bdy trn bk L,-, cl R to L cont trn,fin trn fwd L (W comm RF upper bdy trn fwd R betw M's feet,-, sd & fwd L pivoting 1/2 RF, fwd R to fin trn) to SCP LOD; {Natural Turn 1/2} comm RF upper bdy trn fwd R,-, sd L acrs LOD, cont RF trn bk R ldng ptr to step outside to BJO pos;;

#### **13 WEAVE ENDING ;**

13 {Weave Ending} comm RF upper bdy trn fwd R,-, sd L acrs LOD, cont RF trn bk R ldng ptr to step outside to BJO pos; bk L, bk R trng LF to CP, sd & fwd L, fwd R BJO DLW (W fwd R, fwd L trng LF, sd & bk R , bk L);

## PART B

### 1-4 DIAMOND TURN ; ; ; ;

- 1-2 {Begin Diamond Turn} fwd L to bjo DLC,-, sd R cont lf trn, bk L to fc DRC; bk R trng lf,-, sd L cont trn, fwd R BJO;
- 3-4 {Finish Diamond Turn} fwd L trng lf,-, sd R cont trn, bk L to BJO DLW; bk R, -, sd L cont trn, fwd R to BJO DLC;

### 5-8 TURN LEFT & RIGHT CHASSE (BJO) ; BACK BACK/LOCK BACK ; IMPETUS (SCP) ; PICKUP (SCAR)

- 5-6 {Turn Left & Right Chasse} fwd L trng LF to CP COH,-, sd R/cl L, sd R trng to BJO DRC; {Back, Back/Lock, Back} in SCP DRW bk L,-, bk R/lk LIF, bk R;
- 7-8 {Impetus} comm RF upper bdy trn bk L,-, cl R to L cont trn, fin trn fwd L (W comm RF upper bdy trn fwd R betw M's feet,-, sd & fwd L pivoting 1/2 RF, fwd R to fin trn) to SCP LOD; {Pickup to SCAR} thru fwd R (W thru L comm lf trn,-, fwd & sd L (W fwd & sd L lf arnd M) to SCAR fcg DLW, cl R;

### 9-12 CROSS HOVER (BJO) ; CROSS HOVER (SCAR) ; CROSS HOVER (SCP) ; FEATHER (BJO) ;

- 9-10 {Cross Hover BJO} in SCAR XLIFR (W XRIBL),-, sd R w/rise (W bk L w/rise), rec L to BJO fcg DLC; {Cross Hover SCAR} in BJO XRIFL (W XRIBL),-, sd L w/rise, rec R to SCAR fcg DLW;
- 11-12 {Cross Hover SCP} in SCAR XLIFR (W XRIBL),-, sd R w/rise, rec L to SCP fcg LOD; {Feather} in SCP thru R,-, fwd L, fwd R to BJO fcg DLC (thru L trng LF,-, sd & bk R, bk L to BJO);

### 13-16 HOVER TELEMAR (SCP) ; PROMENADE WEAVE (BJO) ; ; CHANGE DIRECTION ;

- 13-14 {Hover Telemark} fwd L,-, with rise sd & fwd R trng LF, fwd L to SCP fcg LOD; {Start Promenade Weave} fwd R, -, fwd L trng LF to CP, sd & bk R to fc DRC (W fwd L, -, sd & bk R trng LF to CP, cont trng sd & fwd L to BJO);
- 15-16 {Finish Promenade Weave} bk L, bk R trng LF to CP, sd & fwd L, fwd R, (W fwd R, fwd L trng LF, sd & bk R, bk L,) to BJO fcg DLW; {Change of Direction} fwd L, fwd & sd R trng LF, draw L twd R to CP fcg DLC;

## INTERLUDE

### 1-4 TELEMAR (SCP) ; NATURAL HOVER FALLAWAY ; BACK BACK/LOCK BACK ; OUTSIDE CHANGE (BJO) ;

- 1-2 {Telemark} fwd L comm LF trn,-, sd R cont LF trn, sd & fwd L (W bk R comm LF trn clng R foot to L,-, trn LF on R heel & chng wt to L, sd & fwd R) to SCP fcg DLW; {Natural Hover Fallaway} in SCP fwd R trng RF,-, fwd L with rise, bk R to SCP fcg DRW;
- 3-4 {Back, Back/Lock, Back} bk L,-, bk R/lk LIF, bk R; {Outside Change} bk L,-, bk R trng LF, sd & fwd L (W to BJO fcg DLW);

## REPEAT PART A

## REPEAT PART B

## PART C

### 1-4 REVERSE TURN ; ; THREE STEP ; FORWARD & RUN 2 ;

- 1-2 {Reverse Turn} fwd L comm LF trn,-, sd R cont trn, bk L (W bk R comm LF trn,-, cl L to R cont trn on R heel, fwd R) to CP RLOD; cont trng bk R,-, sd & fwd L, fwd R (W fwd L cont trng LF,-, sd R, bk L) to BJO DLW;
- 3-4 {Three Step} fwd L,-, fwd R, fwd L blndg to CP LOD; {Forward Run 2} fwd R,-, fwd L, fwd R;

### 5-8 2 LEFT TURNS (CP WALL) ; ; HOVER ; SLOW SIDE LOCK ;

- 5-6 {2 Left Turns} fwd L trng 1/4 left face to fc COH,-, sd & bk R trng 1/4 left face to fc RLOD, cl L; bk R trng 1/4 left face to fc WALL,-, sd L, cl R;
- 7-8 {Hover} fwd L,-, sd & fwd R w/slight rise, rec L; {Slow Side Lock} thru R,-, sd & fwd L trng bdy LF, XRIB (W thru L comm LF trn,-, sd & bk R cont LF trn to fc M, XLIF) to CP DLC;

## PART A (9-13)

REPEAT PART B  
REPEAT PART B

ENDING

**1 LUNGE SIDE & HOLD :**

1 {Lunge} in CP fcg DLC lunge sd L lowering,-,-,-;

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Bon Jovi; Crush, Track 1 (2000)

Foxtrot, Phase 4+1 (Natural Hover Cross)

Sequence: INTRO, A, B, INT, A, B, C, A (9-13), B, B, END

### **INTRODUCTION**

1-4 (CPW) WT 2 ; ; HVR ; THRU CHASSE (BJO) ;

### **PART A**

1-4 DEVELOPE ; OUTSD SWVL ; I/O RUNS (SCP) ; ;

5-8 WHIPLASH ; BK HVR (SCP) ; NAT HVR X ; ;

9-12 REV WAVE 1/2 ; OUTSD CHK ; IMP (SCP) ; NAT TRN 1/2 ;

13 WEAVE ENDG ;

### **PART B**

1-4 DIAM TRN ; ; ; ;

5-8 TRN LF & RT CHASSE (BJO) ; BK BK/LK BK ; IMP (SCP) ; PU (SCAR)

9-12 3 X HVRS (BJO/SCAR/SCP) ; ; ; FTHR (BJO) ;

13-16 HVR TELE (SCP) ; PROM WEAVE (BJO) ; ; CHG DIR ;

### **INTERLUDE**

1-4 TELE (SCP) ; NAT HVR FALWY ; BK BK/LK BK ; OUTSD CHG (BJO) ;

### **PART A**

1-4 DEVELOPE ; OUTSD SWVL ; I/O RUNS (SCP) ; ;

5-8 WHIPLASH ; BK HVR (SCP) ; NAT HVR X ; ;

9-12 REV WAVE 1/2 ; OUTSD CHK ; IMP (SCP) ; NAT TRN 1/2 ;

13 WEAVE ENDG ;

### **PART B**

1-4 DIAM TRN ; ; ; ;

5-8 TRN LF & RT CHASSE (BJO) ; BK BK/LK BK ; IMP (SCP) ; PU (SCAR)

9-12 3 X HVRS (BJO/SCAR/SCP) ; ; ; FTHR (BJO) ;

13-16 HVR TELE (SCP) ; PROM WEAVE (BJO) ; ; CHG DIR ;

### **PART C**

1-4 REV TRN ; ; 3 STP ; FWD & RUN 2 ;

5-8 2 LF TRNS (CPW) ; ; HVR ; SLO SD LK ;

### **PART A (9-13)**

9-12 REV WAVE 1/2 ; OUTSD CHK ; IMP (SCP) ; NAT TRN 1/2 ;

13 WEAVE ENDG ;

### **PART B**

1-4 DIAM TRN ; ; ; ;

5-8 TRN LF & RT CHASSE (BJO) ; BK BK/LK BK ; IMP (SCP) ; PU (SCAR)  
9-12 3 X HVRS (BJO/SCAR/SCP) ; ; ; FTTH (BJO) ;  
13-16 HVR TELE (SCP) ; PROM WEAVE (BJO) ; ; CHG DIR ;

**PART B**

1-4 DIAM TRN ; ; ; ;  
5-8 TRN LF & RT CHASSE (BJO) ; BK BK/LK BK ; IMP (SCP) ; PU (SCAR)  
9-12 3 X HVRS (BJO/SCAR/SCP) ; ; ; FTTH (BJO) ;  
13-16 HVR TELE (SCP) ; PROM WEAVE (BJO) ; ; CHG DIR ;

**ENDING**

1 LUN SD & HOLD ;