

PICK ME UP

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Footwork Opposite Direction For Man unless Indicated
Rhythm: Two Step RAL Ph 2+2 (Fishtail, Strolling Vine)
Record: Dance A Round DARRCD-506
Music By Carolina Boys
CD May be purchased at Supreme Audio 1-800-445-7398
Sequence: Intro A, B,C,A,B,Ending

INTRO

1-5 WAIT 3 MEAS;;; APT PT; PKUP, TCH;

1-5 WAIT 3 MEAS;;; Bk L,pt R,Cl R, tch L; (Bk R, Pt L, fwd swivling L,I FM tch R;)

PART A

1-4 TWO FWD TWO STEPS BFLY;; BASKETBALL TURN;;

1-2 CP/LOD fwd L,cl R,fwd L,-;Fwd R,cl L, fwd R,-;

3-4 Lunge sd L,-, rec R trng RF to RLOD,-; cont Rf trn lunge sd L LOD,-, rec R Cp/w,-;

5-8 LACE UP;;;;

5-8 Fwd L,cl R,fwd L (cross in front of M pass under M's L & W 's R Join hands),-; Fwd R,cl L,fwd R,-;

Fwd L,cl R,fwd L (cross in front Of M pass under M's R & W 's L joined Hands),-; Fwd R,cl L,fwd R,-;

9-12 FWD LK FWD; FWD LK FWD FC; BOX ;;

9-12 Fwd L,XRIB,fwd L,-; Fwd R,XLIB, fwd R,-;Sd L,CL R, Fwd L,-; Sd R, Cl L, bk R,-;

13-16 REV BOX;; VINE 8;;

13-14 Sd L, cl R,bk L,-;sd R,cl L, fwd R,-;

15-16 Sd L, beh R,sd L,X Rif, Sd L, beh R,sd L,X Rif;

PART B

1-4 SCIS SDCAR; SCIS BJO CK; FISHTAIL; WALK & FC;

1-2 Sd L,cl R,x Lif,-; Sd R,cl L,XRIF,-;

3-4 XLIB,sd R, fwd L, XRIB; Fwd L,-,R Fc,-;

5-8 TRAVLING DOOR;;2 TRNG TWO STEPS CP/LOD;;

5-6 Rk sd L,rec R,xlif,sd R /xlif; Rk sd R,rec L, xrif, sd L/ xrif;

7-8 Sd L,cl R,bk L trn 1/2,-; Sd R,cl L,fwd R trng 1/2,-;

9-12 2 PROG SCIS;; HITCH; HITCH SCIS;

9-10 Sd L,cl R, Xlif,-; SD R,cl L, XRif,-;

11-12 Fwd L,cl R,Bk L,-; Bk R, cl L, fwd R,-;(Bk R,cl L,fwd R,-; Sd L,cl R,XLIF,-;)

13-16 VINE 8 ;; 1/2 BOX; SCIS THRU;

13-14 Sd L,XRIB,Sd L,XRIF; Sd L,XRIB,Sd L,XRIF;

15-16 ; Sd L,cl R,fwd L,-; Sd R, cl L, Xrif,-;

PART C

1-4 STROLLING VINE;;;;

1-2 Sd L,-,Xrib,-; Sd L,cl R trn Lf 1/2,-;

3-4 Sd R,-,Xlib,-; Sd R, Cl L, trn 1/2 Rf,-;

5-8 BACK HITCH ; SCIS THRU; SLOW OPEN VINE 4;;

5-6 Bk L,cl R,fwd L,-;Sd R,cl L,XRIF,-;

7-8 Sd L,-,XRIB RLOD,-; sd L,-,XRIF cp/w,-;

9-12 BROKEN BOX;;;;

9-10 Sd L,cl R,fwd L,-; Rk fwd R,-, rec L,-;

11-12 Sd R,cl L, bk R,-; Rk bk L,-, rec R,-;

13-16 TWO TRNG TWO STEPS;; SCOOT 4; WALK & PKUP;

13-14 Sd L,CL R,Bk L trn 1/2,-; Sd R,cl L,fwd R trng 1/2,-;

15-16 Fwd L,cl R, Fwd L,cl R; Fwd L,-, fwd R,-;(Bk R, Pt L, fwd swivling L ,IFM tch R;)

ENDING

1-4 DIP BK & TWIST; BEHIND SD THRU; TWIRL /VINE 2; APT PT;

1-2 Bk L,-,twist to RSCP,-; BEHD R,SD L, THRU R to SCP,-;

3-4 Vine sd L,-, XRIB (W twirl RF und lead hnds R,-,L,-,,-; Stp Apt L,-, pt R twd ptr,-;