



You're Only Lonely



Choreographer: Jim & Kathie Kline, 207 N. Mason Street, Smithfield, VA 23430 Email: jim@kallingkline.com; **Released:** October 2018 **Corrected:** November 2018
Record: J.D. Souther; **Album:** You're Only Lonely, Track 1 (1979); **Time/Speed:** 4:15 @ 100%
Download/Preview: https://www.amazon.com/dp/B00137ZGNU/ref=dm_ws_tlw_trk1
Rhythm: Rumba; Phase V; **Difficulty:** Average
Footwork: Opposite unless noted (Woman's footwork in parenthesis)

Notes: Choreographed for Betty

Sequence: INTRO, A, INT 1, A, INT 2, B, A, END

INTRODUCTION

1-4 (TANDEM LOD) WAIT 2 ;; PROGRESSIVE WALK 6 ;;

- 1-2 {Wait} in TANDEM facing LOD W in frnt of M wait 2 measures ;;
 3-4 {Progressive Walk} fwd L, fwd R, fwd L,-; fwd R, fwf L, fwd R,-;

5-8 CIRCLE AWAY & TOGETHER ;; CUCARACHAS TWICE ;;

- 5-6 {Circle Away & Together} circg LF (W RF) fwd trn L, fwd trn R, fwd trn L,-; cont circ fwd trn R, fwd trn L, fwd trn R to fc ptr in BOL BJO pos;
 7-8 {Cucarachas} sd L, rec R, cl L,-; sd R, rec L, cl R,-;

PART A

1-4 OPEN HIP TWIST ; FAN ; STOP & GO HOCKEYSTICK ;;

- 1-2 {Open Hip Twist} ck fwd L, rec R, cl L,- (W bk R, rec L, fwd R twd M w/tension in R arm swivel 1/4 RF of R,-) ; {Fan} bk R, rec L, sd R,- (W fwd L, trng LF step sd & bk R, cont trn bk L leaving R ft extended,-);
 5-6 {Stop & Go Hockey Stick} chk fwd L, rec R, cl L Idg W LF under jnd hnds,- (W cl R, fwd L, fwd R trng 1/2 LF under jnd hnds,-); chk fwd R trng LF w/hnd on W's shldr, rec L Idg W RF under jnd hnds, cl R,- (W chk bk L onto M's hnd, rec R, fwd L trng 1/2 RF undr jnd hnds, fwd L sd & bk L,-) to Fan pos;

5-8 HOCKEYSTICK ;; NEW YORKER ; WHIP (COH) ;

- 5-6 {Hockey Stick} fwd L, rec R, cl L,- (W cl R, fwd L, fwd R,-); bk R, rec L, fwd R following W,- (W fwd L, fwd R trng approx 5/8 LF to fc ptr, sd & bk L,-);
 7-8 {New Yorker} swiv thru L twd RLOD (W thru R), swiv rec R to fc BFLY, sd L,-; {Whip} bk R trn 1/4 LF, rec fwd L trn 1/4 LF, sd R, - (W fwd L outsd M, fwd R trn 1/2 LF, sd L,-) in BFLY COH;

9-12 FENCELINE ; AIDA (RLOD) ; SWITCH CROSS ; CUCA ;

- 9-10 {Fenceline} in BFLY thru L twd RLOD, rec R, sd L,-; {Aida} thru R trng RF; sd L cont trn ; bk L to a 'V' bk to bk pos,-;
 11-12 {Switch} trng LF to fc ptr sd L chng bring jnd hns thru, rec R, XLIFR,-; {Cucaracha} w/partial weight and foot rotation on the ball of the foot sd R, rec L, sd R,-;

13-16 CROSS BODY (WALL) ;; LATIN WHISK ; (LOD) CRAB WALK 1/2 ;

- 13-14 {Cross Body} fwd L, rec R comm 1/4 LF trn, cont LF trn sd L to fc W left side,- (bk R, rec L, fwd R, -); bk R, cont LF trn rec sm fwd L, sd & fwd R to fc ptr,- (fwd L comm LF trn, fwd R trng 1/2 LF, sd & bk L,-);
- 15-16 {Latin Whisk} XLIBR (W XRIBL), rec R, sd L, -; {Crab Walk 1/2} twd LOD XRIFL, sd L, XRIFL, -;

INTERLUDE 1

1-4 ALEMANA ;; LARIAT ;;

- 1-2 {Alemana} fwd L, rec R, cl L Idg W to trn RF,- (bk R, rec L, sd & fwd comm RF swvl,-) ; w/slight RF trn bk R beh body, rec L to fc ptr, sip R place R hnd on small of W's bck,- (cont RF trn undr jnd ld hnds fwd L, cont RF trn fwd R, fwd & sd L to M's R sd,-);
- 3-4 {Lariat} Idg W to circle RF hold ld hnds sm sd L, rec R, sip L,- (circ M RF crv fwd R, fwd L, fwd R,-); cont ld W around sm sd R, rec L comm RF trn, sip R to L,- (cont RF circ fwd L, fwd R to fc ptr, sd L,-);

REPEAT PART A

INTERLUDE 2

1-4 ALEMANA ;; LARIAT (CUDDLE WALL) ;;

- 1-2 {Alemana} fwd L, rec R, cl L Idg W to trn RF,- (bk R, rec L, sd & fwd comm RF swvl,-) ; w/slight RF trn bk R beh body, rec L to fc ptr, sip R place R hnd on small of W's bck,- (cont RF trn undr jnd ld hnds fwd L, cont RF trn fwd R, fwd & sd L to M's R sd,-);
- 3-4 {Lariat} Idg W to circle RF hold ld hnds sm sd L, rec R, sip L,- (circ M RF crv fwd R, fwd L, fwd R,-); cont ld W around sm sd R, rec L comm RF trn, sip R to L,- (cont RF circ fwd L, fwd R to fc ptr, sd L,-) to cuddle pos;;

5-8 3 CUDDLES ;;; HIP ROCKS 3;

- 5-6 {Cuddles} push sd L, rec R, cl L (W trn RF rk bk R in M's R arm to fc LOD, rec L to fc ptr, sd R to momentary cuddle pos),-; push sd R, rec L, cl R (W trn LF rk bk L in M's L arm to fc RLOD, rec R to fc ptr, sd L to momentary cuddle pos), -;
- 7-8 {Cuddle} push sd L, rec R, cl L (W trn RF rk bk R in M's R arm to fc LOD, rec L to fc ptr, sd R to momentary cuddle pos), -; {Hip Rock 3} rk sd R rotating hips sd & bk, rec L w/hip roll, sd R,-;

PART B

1-4 HALF BASIC ; FULL NATURAL TOP (WALL) ;;;

- 1-2 {Half Basic} fwd L, rec R, bk L comm LF trn, -; {Begin Natural Top} XRIB trn, sd L trn, XRIB trn, - (sd R trn, XLIF trn, sd R trn, -);
- 3-4 {Finish Natural Top} sd R trn, XLIB trn, sd R trn, - (XLIF trn, sd R trn, XLIF trn, -); XRIB trn, sd L trn, cl R, - (sd L trn, XRIF trn, sd L, -);

5-8 NATURAL OPENING OUT TO A CHEST PUSH ; HOCKEYSTICK ENDNG TO HANDSHAKE ; SHADOW NEW YORKERS 2X (HNDSHK) ;;

- 5-6 {Natural Opening Out} sd L w/ RF body rotation, rec R, cl L,- (W swiv stp bk R trng up to 1/2 RF, rec L, sd R plcng left hnd on M's chest,-); {Hockeystick Ending} bk R, rec L, fwd R following ptr,- (using left hnd push off M's chest fwd L trng LF, cont LF trn fwd R, sd & bk L trng to fc ptr,-) switching hnds to R hndshk pos;;
- 7-8 {Shadow New Yorkers} in HNDSHK trng 1/4 RF (W LF) thru L extending L arms to sd M's beh W's bk, rec R trng to fc ptr, sd L,-; trng 1/4 LF (W RF) thru R extending L arms to sd W's beh M's bk, rec L trng to fc ptr, sd R to HNDSHK pos,-;

9-12 FLIRT ;; SWEETHEARTS TWICE TO FACE ;;

- 9-10 {Flirt} fwd L, rec R, sd L,- (bk R, rec L, fwd R trng 1/2 LF,-) to right SHDW pos; bk R, rec L, sd R,- (bk L, rec R, sd L in frnt of M to left SHDW,-)
- 11-12 {Sweethearts} in left SHDW pos chk fwd L in frnt of R ft trng head LF to look at ptr, rec R, sd L to L SHDW, - ; (chk bk R beh L ft trng head RF to look at ptr, rec L, sd L crossing in frnt of M, -) to right SHDW pos; in right SHDW pos chk fwd R in frnt of L ft trng head RF to look at ptr, rec L, sd R, - ; (chk bk L beh R ft trng head LF to look at ptr, rec R trng LF, cont RF trn fwd & sd L to fc ptr, -) to CP COH;

13-16 FENCELINE ; CRABWALKS ;; FENCELINE ;

- 13-14 {Fenceline} in BFLY XLIF twd RLOD, rec R, sd L,-; {Begin Crab Walks} twd LOD XRIFL, sd L, XRIFL, -;
- 15-16 {Finish Crab Walks} twd LOD sd L, XRIFL, sd L,-; {Fenceline} in BFLY XRIF twd LOD, rec L, sd R,-;

REPEAT PART A

ENDING

1-4 HALF BASIC ; FULL NATURAL TOP (WALL) ;;

- 1-2 {Half Basic} fwd L, rec R, bk L comm LF trn, -; {Begin Natural Top} XRIB trn, sd L trn, XRIB trn, - (sd R trn, XLIF trn, sd R trn, -);
- 3-4 {Finish Natural Top} sd R trn, XLIB trn, sd R trn, - (XLIF trn, sd R trn, XLIF trn, -); XRIB trn, sd L trn, cl R, - (sd L trn, XRIF trn, sd L, -);

5-8 NATURAL OPENING OUT TO A CHEST PUSH ; HOCKEYSTICK ENDNG TO HANDSHAKE ; SHADOW NEW YORKERS 2X (HNDSHK) ;;

- 5-6 {Natural Opening Out} sd L w/ RF body rotation, rec R, cl L,- (W swiv stp bk R trng up to 1/2 LF, rec L, sd R plcng rt hnd on M's chest,-); {Hockeystick Ending} bk R, rec L, fwd R following ptr,- (using rt hnd push off M's chest fwd L trng LF, cont LF trn fwd R, sd & bk L trng to fc ptr,-) switching hnds to R hndshk pos;;
- 7-8 {Shadow New Yorkers} in HNDSHK trng 1/4 RF (W LF) thru L extending L arms to sd M's beh W's bk, rec R trng to fc ptr, sd L,-; trng 1/4 LF (W RF) thru R extending L arms to sd W's beh M's bk, rec L trng to fc ptr, sd R to HNDSHK pos,-;

9-12 FLIRT ;; SWEETHEARTS TWICE TO FACE ;;

- 9-10 {Flirt} fwd L, rec R, sd L,- (bk R, rec L, fwd R trng 1/2 LF,-) to right SHDW pos; bk R, rec L, sd R,- (bk L, rec R, sd L in frnt of M to left SHDW,-)
- 11-12 {Sweethearts} in left SHDW pos chk fwd L in frnt of R ft trng head LF to look at ptr, rec R, sd L to L SHDW, - ; (chk bk R beh L ft trng head RF to look at ptr, rec L, sd L crossing in frnt of M, -) to right SHDW pos; in right SHDW pos chk fwd R in frnt of L ft trng head RF to look at ptr, rec L, sd R, - ; (chk bk L beh R ft trng head LF to look at ptr, rec L trng RF, cont RF trn fwd & sd L to fc ptr, -) to CP COH;

13-16 FENCELINE ; CRABWALKS 1/2 ;; SIDE CLOSE TWICE ; SIDE CORTE ;

- 13-14 {Fenceline} in BFLY XLIF twd RLOD, rec R, sd L,-; {Crab Walks 1/2} twd LOD XRIFL, sd L, XRIFL, -;
- 15-16 {Side Close Twice} sd L, cl r, sd L, cl R; {Side Corte} blndg to CP WALL sd L lowering with R toe pointed RLOD and look RLOD,-,-,-;

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Jim & Kathie Kline

J.D. Souther; You're Only Lonely, Track 1 (1979)

Rumba; Phase V

Sequence: INTRO, A, INT 1, A, INT 2, B, A, END

INTRODUCTION

1-4___(TANDEM LOD) WAIT 2 ;; PROG WALK 6 ;;

5-8___CIRC AWAY & TOG ;; CUCA 2X ;;

PART A

1-4___OP HIP TWST ; FAN ; STOP & GO HCKYSTK ;;

5-8___HCKYSTK ;; NYKR ; WHIP (COH) ;

9-12___FENCELINE ; AIDA (RLOD) ; SWITCH CROSS ; CUCA ;

13-16___CROSS BODY (WALL) ;; LATIN WHISK ; CRAB WALK 1/2 ;

INTERLUDE 1

1-4___ALEMANA ;; LARIAT ;;

PART A

1-4___OP HIP TWST ; FAN ; STOP & GO HCKYSTK ;;

5-8___HCKYSTK ;; NYKR ; WHIP (COH) ;

9-12___FENCELINE ; AIDA (RLOD) ; SWITCH CROSS ; CUCA ;

13-16___CROSS BODY (WALL) ;; LATIN WHISK ; CRAB WALK 1/2 ;

INTERLUDE 2

1-4___ALEMANA ;; LARIAT (CUDDLE WALL) ;;

5-8___3 CUDDLES ;;; HIP ROCK 3 ;

PART B

1-4___HALF BASIC ; FULL NATURAL TOP (WALL) ;;;

5-6___NAT OPNG OUT TO CHEST PUSH ; HCKYSTK ENDNG TO HNDSHK ;

7-8___SHADOW NEW YORKERS 2X (HNDSHK) ;;

9-12___FLIRT ;; SWEETHEARTS TWICE TO FC ;;

13-16___FNCLN ; (LOD) CRABWALKS ;; FNCLN ;

PART A

1-4___OP HIP TWST ; FAN ; STOP & GO HCKYSTK ;;

5-8___HCKYSTK ;; NYKR ; WHIP (COH) ;

9-12___FENCELINE ; AIDA (RLOD) ; SWITCH CROSS ; CUCA ;

13-16___CROSS BODY (WALL) ;; LATIN WHISK ; CRAB WALK 1/2 ;

ENDING

1-4___HALF BASIC ; FULL NATURAL TOP (WALL) ;;;

5-6___NAT OPNG OUT TO CHEST PUSH ; HCKYSTK ENDNG TO HNDSHK ;

7-8___SHADOW NEW YORKERS 2X (HNDSHK) ;;
9-12___FLIRT ;; SWEETHEARTS TWICE TO FC ;;
13-16___FNCLN ; CRAB WALKS 1/2 ; SD CL 2X ; SD CORTE ;