



You Are The Woman

Choreographer: Jim & Kathie Kline, 207 N. Mason Street, Smithfield, VA 23430

Email: jim@kallingkline.com; **Released:** October 2005

Record: Atlantic Records 1976; Firefall; **Time/Speed:** 2:41 @ 100%

Rhythm: Cha; Phase IV **Difficulty:** Average

Footwork: Opposite unless noted (Woman's footwork in parenthesis)

Sequence: INTRO, A, B, A, B, A, C, B, A, END

INTRODUCTION

1-4 (BFLY WALL) WAIT 2 ;; CUCARACHAS L & R ;;

1-2 wait 2 meas ;;

3-4 sd L w/ partial wgt,rec R,sip L/R,L;sd R w/ partial wgt,rec L,sip R/L,R;

PART A

1-4 HALF BASIC TO A FAN ;; HOCKEY STICK ;;

1-2 fwd L,rec R,sd L/cl R,sd L;bk R,rec L, sd R/cl L,sd R (W fwd L,trng LF sd & bk R,bk L/cl R,bk L leaving R leg extended); fwd L,rec R,sd L/cl R,sd L (W cl R,fwd L,fwd R/L,R);

3-4 bk R,rec L, following W fwd R/L,R (W fwd L,fwd R trng LF to fc M,sd & bk L/cl R,bk L);

5-8 ALEMANA ;; LARIAT (1 & 2 BFLY; 3 & 4 LH STAR) ;;

5-6 Rk fwd L, rec R,bk L/cl R, bk L; Bk R, rec L, sd R/cl L, sd R(W trn RF undr jnd ld hnds XLif, fwd R to complete trn sd L/cl R, sd L);

7-8 sip L,R,L/R,L (W circ arnd M CW R,L,R/cl L, fwd R); sip R,L,R/L,R (W cont arnd M L,R,L/cl R, sd L to fc M);

PART B

1-4 BREAK BACK TO OP ; SWIVELWALK 2 & CHA ; SLIDING DOORS 2X ;;

1-2 XLIBR to OP,rec fwd R,fwd L/cl R,fwd L; with a swivel motion fwd L, fwd R, fwd L/cl R, fwd L;

3-4 OP rk apt L, rec R,XLIFR sldg beh W/sd R,XLIFR to L OP;L OP rk apt R,rec L,XRIFL sldg beh W/sd L,XRIFL to OP;

5-8 FWD & BK BASIC ;; CIRCLE AWAY & TOG CHA ;;

5-6 fwd L,rec R,fwd L/cl R,fwd L; fwd R,rec L,bk R/cl L,bk R;

7-8 circg LF fwd L,fwd R,fwd L/cl R,fwd L; cont circ fwd R,fwd L,fwd R/cl L,fwd R to fc ptr;

9 NEW YORKER IN 4 ;

9 thru L to LOP RLOD, rec R to BFLY WALL, sd L, cl R;

PART C

1-4 UMBRELLA TURN ;;;;

1-2 M fcg RLOD L hnd star fwd L, rec R, bk L/cl R, bk L (W bk R, rec L, fwd R trng ½ LF/cl L, bk R); bk R, rec L, fwd R/cl L, fwd R (W bk L, rec R, fwd L trng ½ RF/cl R, bk L);

3-4 fwd L, rec R, bk L/cl R, bk L (W bk R, rec L, fed R trng ½ LF/cl L, bk R); bk R, rec L, fwd R/cl L, sd R end fcg BFLY WALL (W bk L, rec R, fwd L trng ½ RF/cl R, sd L);

5-8 FULL CHASE ;;;;

5-6 fwd L trn RF ½, rec fwd R, fwd L/cl R, fwd L; fwd R trn LF ½ (W RF ½), rec fwd L, fwd R/cl L, fwd R;

7-8 fwd L (W trn LF ½), rec R, bk L/cl R, bk L; bk R, rec L, fwd R/cl L, fwd R;

END

1-4 UMBRELLA TURN ;;;;

1-2 M fcg RLOD L hnd star fwd L, rec R, bk L/cl R, bk L (W bk R, rec L, fwd R trng ½ LF/cl L, bk R); bk R, rec L, fwd R/cl L, fwd R (W bk L, rec R, fwd L trng ½ RF/cl R, bk L);

3-4 fwd L, rec R, bk L/cl R, bk L (W bk R, rec L, fed R trng ½ LF/cl L, bk R); bk R, rec L, fwd R/cl L, sd R end fcg BFLY WALL (W bk L, rec R, fwd L trng ½ RF/cl R, sd L);

5 APT, PT ;

5 bk L,-,pt R,-;

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Head Cues

Choreographer: Jim & Kathie Kline, 320 W. Larsen, Rawlins, WY

Record: Atlantic Records 1976; Firefall; Firefall

Footwork: Opposite unless noted (Woman's footwork in parenthesis)

Rhythm: Cha Cha; Phase IV + 0 + 1 (Rope Spin)

Sequence: INTRO, A, B, A, B, A, C, B, A, END

Introduction

1-4 (CP WALL) WAIT 2 ;; CUCARACHAS L & R ;;

Part A

1-4 ½ BASIC TO A FAN ;; HOCKEY STICK ;;

5-6 ALEMANA W TO THE RIGHT (opt. W/ROPE SPIN) ;;

7-8 LARIAT (1 & 2 BFLY; 3 & 4 LH STAR) ;;

Part B

1-2 BREAK BACK TO OP ; SWIVELWALK 2 & CHA ;

3-6 SLIDING DOORS 2X ;; FWD & BK BASIC ;;

7-9 CIRCLE AWAY & TOG CHA ;; NEW YORKER IN 4 ;

Part C

1-4 MODIFIED UMBRELLA TURN ;;;;

5-8 FULL CHASE ;;;;

End

1-4 MODIFIED UMBRELLA TURN

5 APT, PT ;