



Rock And Roll Days

Choreographer: Jim & Kathie Kline, 207 N. Mason Street, Smithfield, VA 23430

Email: jim@kallingkline.com; **Released:** November 2005

Record: Atlantic 71254; The Best Of Lobo; Lobo; **Time/Speed:** 3:48 @ 100%

Rhythm: Cha Cha; Phase III + 1 (Alemana) **Difficulty:** Average

Footwork: Opposite unless noted (Woman's footwork in parenthesis)

Sequence: INTRO, A, A, B, B, C, A, A, B, B, C, A, B, END

INTRODUCTION

1-4 WAIT 2 ;; CIRCLE AWAY & TOG CHA ;

1-2 2:wait 2 meas,,,,,;

3-4 circg LF fwd L,fwd R,fwd L/cl R,fwd L;cont circ fwd R,fwd L,fwd R/cl L,fwd R to fc ptr;

5-6 TWIRL VINE 2 & SIDE CHA ; REV TWIRL VINE 2 & SIDE CHA;

5-6 sd L,XRIBL,sd L/cl R,L,(W fwd R trng RF undr ld hnds,cont trn sd & bk L,sd R/cl L,sd R);
sd R,XLIBR,sd R/cl L,R,(W fwd L trng LF undr ld hnds,cont trn sd & bk R,sd L/cl R,sd L);

PART A

1-4 BASIC ;; TIMESTEP 2X ;;

1-2 fwd L,rec R,sd L/cl R,sd L;bk R,rec L,sd R/cl L,sd R;

3-4 no hnds fcg ptr XLIBR,rec R,sd L/cl R,sd L;fcg ptr XRIBL,rec L,sd R/cl L,sd R;

5-8 ALEMANA ;; TO A LARIAT ;;

5-6 fwd L,rec R,sd L/cl R,sd L;bk R,rec L,sd R/cl L,sd R (W fwd LIFR trn RF,cont trn fwd R to fc M,sd L/cl R,sd L);

7-8 sip L,R,L/R,L (W circ M CW R,L,R/cl L,fwd R);sip R,L,R/L,R (W cont arnd M L,R,sd L/cl R,sd L to fc M);

PART B

1-2 VINE 2 & FACE TO FACE ; VINE 2 & BACK TO BACK (TO OP) ;

1-2 sd L,XRIBL,sd L/cl R,sd L trng LF awy from ptr; sd R,XLIBR,sd R/cl L,sd R trng RF to OP;

3-4 SLIDING DOOR ; ROCK APART REC FORWARD CHA ;

3-4 OP LOD rk sd L, rec R, XLIFR/sd R, XLIFR ; rk sd R, rec L, fwd R/cl L, fwd R;

5-6 FORWARD BASIC ; SLIDING DOOR ;

5-6 fwd L,rec R,fwd L/cl R,fwd L; rk sd R, rec L, XRIFL/sd L, XRIFL ;

7-8 ROCK APART REC CHA TO FACE ; BK BASIC ;

7-8 rk sd L, rec R trn RF fcg ptrn, fwd L/cl R, fwd L; bk R,rec L,sd R/cl L,sd R;

PART C

1-8 CHASE PEEK-A-BOO DOUBLE :::::;

1-8 fwd L trng RF, rec R, sd L/cl R, sd L; rk sd R peek over L, rec L, ip R/L, R; rk sd L peek over R, rec R, ip L/R, L; fwd R trng LF (W trn RF), rec L, sd R/cl L, sd R; rk sd L (W

peek), rec R, ip L/R, L; rk sd R (W peek), rec L, ip R/L, R; rk fwd L (W trn LF), rec R, sd L/cls R, sd L; rk bk R, rec R, sd R/cls R, R;

END

1-4 TWIRL VINE 2 & SIDE CHA ; REV TWIRL VINE 2 & SIDE CHA; BASIC ;:

1-2 sd L,XRIBL,sd L/cl R,L,(W fwd R trng RF undr ld hnds,cont trn sd & bk L,sd R/cl L,sd R);
sd R,XLIBR,sd R/cl L,R,(W fwd L trng LF undr ld hnds,cont trn sd & bk R,sd L/cl R,sd L);
3-4 fwd L,rec R,sd L/cl R,sd L;bk R,rec L,sd R/cl L,sd R;

5-7 CUCARACHA 2X ;: CHUG APART ;

5-6 sd L w/ partial wgt,rec R,sip L/R,L;sd R w/ partial wgt,rec L,sip R/L,R;
7 Feet tog, knees bent, straighten knees quickly with slight bkwd movement,;