



Life's About To Get Good



Choreographer: Jim & Kathie Kline, 207 N. Mason Street, Smithfield, VA 23430

Email: jim@kallingkline.com; **Released:** October 2017

Artist: Shania Twain; **Album:** Now, Track 14; (2017)

Download: https://www.amazon.com/Lifes-About-To-Get-Good/dp/B071X55PQF/ref=sr_1_2?ie=UTF8&qid=1506514384&sr=8-2&keywords=shania+twain+life%27s+about+to+get+good

Sample Link: <https://www.youtube.com/watch?v=we-VfNnbzzY>

Time: 3:47; **Speed:** Increase 10% or as desired

Rhythm: Cha; Phase III+2 (Aida, Triple Cha); **Difficulty:** Average

Footwork: Opposite unless noted (Woman's footwork in parenthesis)

Sequence: INTRO, A, B, INT, A, B, C, D, INT, B, C, END

INTRODUCTION

1-4 WAIT SURF SOUND, PICK-UP NOTES & 2 MEAS. ;; FULL BASIC ;;

1-2 wait surf sound, pick-up notes and 2 meas;;

3-4 **{Basic}** fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R;

PART A

1-3 TIMESTEP 2X ;; NEW YORKER IN 4 ;

1-2 **{Timesteps}** no hnds fcg ptr XLIBR, rec R, sd L/cl R, sd L; fcg ptr XRIBL, rec L, sd R/cl L, sd R;

3 **{New Yorker in 4}** strong XLIFR straight leg to L OP, rec R to fc, sd L, cl R;

4-6 SHOULDER TO SHOULDER 2X ;; FENCELINE IN 4 ;

4-5 **{Shoulder to Shoulder}** fwd L to SCAR BFLY (W bk R), rec R, sd L/cl R, sd L; fwd R to BJO BFLY (W bk L), rec L, sd R/cl L, sd R;

6 **{Fenceline in 4}** lunge XLIFR bending knee, rec R, sd L, cl R;

7-9 TRAVELING DOORS 2X ;; SIDE CLOSE 2X ;

7-8 **{Trav Doors}** rk sd L, rec R, XLIFR/sd R, XLIFR to L; rk sd R, rec L, XRIFL/sd L, XRIFL;

9 **{Side Close}** sd L, cl R, sd L, cl R;

10-13 HALF BASIC ; UNDERARM TURN ; LARIAT ;;

1-2 **{Half Basic}** fwd L, rec R, sd L/cl R, sd L; **{Underarm Turn}** bk R, rec L, sd R/cl L, sd R (W XLIFR trng RF undr ld hnds, cont trn rec R to fc M, sd L/cl R, sd L);

3-4 **{Lariat}** sip L, R, L/R, L (W circ arnd M CW R, L, R/cl L, fwd R); sip R, L, R/L, R (W cont arnd M L, R, L/cl R, sd L to fc M);

PART B

1-4 BREAK BACK TO TRIPLE CHAS ;; NEW YORKERS 2X ;;

1-2 **{Break back to Triple Chas}** trng bk L to fc LOD, rec R trn body in twd ptr tc hld hnds, fwd L/lk rib of L, fwd L; trn slightly away from ptr fwd R/lk Lib of R, fwd R, trn slightly twd ptr fwd L/ lk Rib of L, fwd L;

3-4 {New Yorkers} strong XRIFL straight leg to R OP, rec L to fc, sd R/cl L, sd R; strong XLIFR straight leg to L OP, rec R to fc, sd L/cl R, sd L;

5-8 AIDA TO BACK TRIPLE CHAS ;; TRAVELING DOOR ; CUCARACHA ;

5-6 {Aida to Back Triple Chas} fwd R trn RF, sd L cont RF trn to aida pos bk R/lk Lif of R, bk R; trng slightly twd ptr bk L/lk Rif of L, bk L, bk R/lk Lif of R, bk R;

7-8 {Trav Door} rk sd L, rec R, XLIFR/sd R, XLIFR to L; {Cucaracha} sd R, rec L, sip R/L/R;

INTERLUDE

1-4 PEEK-A-BOO CHASE ;;;

1-2 {Peek-a-Boo Chase} fwd L trng 1/2 RF, rec R, fwd L/cl R, fwd L; sd R peek over L shldr, rec L, sip R/L, R;

3-4 sd L peek over R shldr, rec R, sip L/R, L; fwd R trng 1/2 LF, rec L, sd R/cl L, sd R;

PART C

1-4 START PEEK-A-BOO CHASE DOUBLE ;;;

1-2 {Peek-a-Boo chase Double} fwd L trng RF, rec R, fwd L/cl R, fwd L; rk sd R peek over L, rec L, sip R/L, R;

3-4 rk sd L peek over R, rec R, sip L/R, L; fwd R trng 1/2 LF (W trn RF), rec L, fwd R/cl L, fwd R;

5-8 FINISH PEEK-A-BOO CHASE DOUBLE ;;;

5-6 rk sd L (W peek), rec R, sip L/R, L; rk sd R (W peek), rec L, sip R/L, R;

7-8 rk fwd L (W trn LF), rec R, sd L/cl R, sd L; rk bk R, rec L, sd R/cl R, sd R;

PART D

1-4 OPEN BREAK ; WHIP ; FENCELINES 2X ;;

1-2 {Open Break} rk apt L w/ trl hnd up, rec R, sd L/cl R, sd L; {Whip} bk R trng LF, fwd & sd L, sd R/cl L, sd R (W fwd L outsd M, fwd R trng LF 1/2, sd L/cl R, sd L);

3-4 {Fencelines} retain BFLY hold XLIF of R, rec R, sd L/cl R, sd L; retain BFLY hold XRIF of L, rec L, sd R/cl L, sd R;

5-8 CRAB WALKS (LOD) ;; REVERSE UNDERARM TURN ; WHIP ;

5-6 {Crab Walks} XLIF of R, sd R, XLIF of R/sd R, XLIF of R; sd R, XLIF of R, sd R/cl L, sd R;

7-8 {Reverse Underarm Turn} XLIFR twd RLOD, rec R, sd L/cl R, sd L (W swiv 1/4 LF fwd R trng 1/2 undr jnd hands, rec L trng 1/4 LF to fc ptr, sd R/cl L, sd R); {Whip} bk R trng LF, fwd & sd L, sd R/cl L, sd R (W fwd L outsd M, fwd R trng LF 1/2, sd L/cl R, sd L);

9 SLOW SIDE DRAW CLOSE ;

9 {Side Draw Close} sd L, draw R twd L, cl r,-;

ENDING

1-4 TRAVELING DOORS 2X ;; SIDE CLOSE 2X ; APART & POINT ;

1-2 {Trav Doors} rk sd L, rec R, XLIFR/sd R, XLIFR; rk sd R, rec L, XRIFL/sd L, XRIFL;

3-4 {Side Close} sd L, cl R, sd L, cl R; {Apart & Point} apt L,-, pt R twd ptr,-;

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Head Cues

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3-4 FULL BASIC ;;

PART A

1-3 TIMESTEP 2X ;; NEW YORKER IN 4 ;
4-6 SHOULDER TO SHOULDER 2X ;; FENCELINE IN 4 ;
7-9 TRAVELING DOORS 2X ;; SIDE CLOSE 2X ;
10-13 HALF BASIC ; UNDERARM TURN ; LARIAT ;;

PART B

1-4 BREAK BACK TO TRIPLE CHAS ;; NEW YORKERS 2X ;;
5-8 AIDA TO BACK TRIPLE CHAS ;; TRAVELING DOOR ; CUCARACHA ;

INTERLUDE

1-4 PEEK-A-BOO CHASE ;;;

PART A

1-3 TIMESTEP 2X ;; NEW YORKER IN 4 ;
4-6 SHOULDER TO SHOULDER 2X ;; FENCELINE IN 4 ;
7-9 TRAVELING DOORS 2X ;; SIDE CLOSE 2X ;
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PART B

1-4 BREAK BACK TO TRIPLE CHAS ;; NEW YORKERS 2X ;;
5-8 AIDA TO BACK TRIPLE CHAS ;; TRAVELING DOOR ; CUCARACHA ;

PART C

1-8 PEEK-A-BOO CHASE DOUBLE ;;;

PART D

1-4 OPEN BREAK ; WHIP ; FENCELINES 2X ;;
5-8 CRAB WALKS (LOD) ;; REVERSE UNDERARM TURN ; WHIP ;
9 SLOW SIDE DRAW CLOSE ;

INTERLUDE

1-4 PEEK-A-BOO CHASE ;;;

PART B

1-4 BREAK BACK TO TRIPLE CHAS ;; NEW YORKERS 2X ;;
5-8 AIDA TO BACK TRIPLE CHAS ;; TRAVELING DOOR ; CUCARACHA ;

PART C

1-8 PEEK-A-BOO CHASE DOUBLE ;;;;

ENDING

1-4 TRAVELING DOORS 2X ;; SIDE CLOSE 2X ; APART POINT ;