



Just Once More



Choreographer: Jim & Kathie Kline, 207 N. Mason Street, Smithfield, VA 23430

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Choreographed: 17 April, 2021

Artist: Nelson, **Album:** Brother Harmony, Track 13 (1984)

Note: (This is not the version with a four measures introduction from "Like Father, Like Sons")

Time: 4:38, **Speed:** Increase speed slightly if desired

Download: https://www.amazon.com/dp/B07847NQGJ9/ref=dm_ws_tlw_trk3

Preview: <https://www.youtube.com/watch?v=xjDQj9QWUNY>

Rhythm: Bolero, **Phase:** IV, **Difficulty:** Average

Footwork: Opposite unless noted (Woman's footwork in parenthesis)

Sequence: INTRO, A, B, BR, A, B, C, B (MOD), END

INTRODUCTION

1-2 (BFLY FACING WALL) WAIT 2 MEASURES ; ;

1-2 {Wait} in BFLY fcg WALL wt 2 meas ; ;

[Note: Meas 1 is a held chord; Meas 2 is 7 slow notes on beats 1 Thru 4]

PART A

1-4 TIME STEPS TWICE ; ; HAND TO HAND TWICE (HALF OPEN FACING LOD) ;

1-2 {Time Steps} sd L brng finger tips tog in frnt of chest, -, XRIB (W XLIB) w/slip action ext arms out to both sds, fwd L; sd R brng finger tips tog in frnt of chest, -, XLIB (W XRIB) w/slip action ext arms out to both sds, fwd R;

3-4 {Hand to Hand} sd L with slight rise,-, sd R, rec L (W sd & bk R trn 1/4 LF,-, bk L extend free arm, rec R to fc ptr); sd R with slight rise,-, sd L, fwd R (W sd & bk R trn 1/4 LF,-, bk L extend free arm, fwd R) blndg to 1/2 OP fcg LOD;

5-8 BOLERO WALKS ; ; SWITCH ; LUNGE BREAK ;

5-6 {Bolero Walks} fwd L w/bdy rise,-, fwd R, fwd L; fwd R w/bdy rise,-, fwd L, fwd R;

7-8 {Switch} trng RF to fc ptr sd L,-, rec R, XLIF jng hnds; {Lunge Break} sd R jn ld hnds,-, lower on R extend L sd & bk, rec on R rising (W sd L,-, bk R to contra chk like action, rec & fwd L);

9-12 (TOWARD LOD) AIDA PREP ; AIDA LINE W/HIP ROCKS ; SWITCH ; FENCE LINE ;

9-10 {Aida Prep} fcg ptr WALL sd L,-, thru R twd LOD, trng RF sd L: {Aida Line w/Hip Rocks} cont RF trn bk R in 'V' pos,-, trng RF to fc ptr sd L bringing jnd lead hnds thru, rec R fc ptr WALL;

11-12 {Switch} trng LF to fc ptr sd L,-, rec R, XLIF jng R hnds; {Fenceline} sd R,-, cross lunge L twd RLOD, bk R;

13-16 UNDERARM TURN ; FORWARD BREAK ; 2 SIDE CLOSES ; SIDE DRAW CLOSE ;

13-14 {Underarm Turn} sd L,-, XRIB of L leading W to trn undr jnd hnds, fwd L lead W to M's R sd (W sd R comm RF trn undr jnd lead hnds,-, XLIF of R trng 1/2 RF, fwd R cont trn to M's R sd); {Forward Break} sd & fwd R,-, fwd L, bk R (W sd & bk L, bk R, fwd L);

15-16 {2 Side Closes} twd LOD sd L, cl R, sd L, cl R; {Side Draw Close} sd L,-, draw R twd L & cl,-;

PART B

1-4 START A FAN ; HOCKEY STICK ; ; NEW YORKER ;

- 1-2 {Lady to a Fan} sd L,-, bk R ldg W fwd to trn LF, rec L (sd & fwd R,-, fwd L, bk R swvl LF fc RLOD); {Fan to Hockey Stick} sd R,-, fwd L, bk R (sm bk L to FAN pos, -, cl R, fwd L);
- 3-4 {Finish Hockey Stick} sd & bk L,-, sd & fwd R ldg W's LF trn, fwd L to fc DRW (fwd R,-, fwd L, fwd R trn 1/2 LF und jnd hnds to fc ptr & DLC); {New Yorker} sd R w/body rise,-, fwd L w/slip action lowering & trng 1/4 RF to fc RLOD in sd/sd pos, bk R trng to fc ptr & WALL;

5-8 TURNING BASIC ; ; TURNING BASIC 1/2 ; OPEN BREAK ;

- 5-6 {Turning Basic} sd L with sl RF bdy trn,-, bk R trng 1/4 LF w/slip action, sd & fwd L trng 1/4 LF (W sd R,-, fwd L trng 1/4 LF w/slip pivot action, sd & bk R turning 1/4 LF) end fcg WALL; Sd R,-, fwd L, bk R (W sd L,-, bk R, fwd L);
- 7-8 {Turning Basic} sd L with sl RF bdy trn,-, bk R trng 1/4 LF w/slip action, sd & fwd L trng 1/4 LF (W sd R,-, fwd L trng 1/4 LF w/slip pivot action, sd & bk R turning 1/4 LF) end fcg WALL; {Open Break} sd R,-, releasing trail hnds sm stp bk L (W bk) in ckg action extend arm, fwd R jn ld hnds;

9-12 LEFT PASS ; OPEN BREAK ; RIGHT PASS ; HIP ROCKS ;

- 9-12 {Left Pass} fwd L to SCAR lding ptr to trn RF,-, bk R w/slip action, fwd L trng LF to fc ptr & WALL (fwd R trng 1/4 RF w/bk to ptr,-, sd & fwd L trng LF, bk R); {Open Break} sd R,-, releasing trail hnds sm stp bk L (W bk) in ckg action extend arm, fwd R jn ld hnds;
- 11-12 {Right Pass} fwd & sd L start RF trn raise hnds to create window,-, XRIB of L cont trn, fwd L fc ptr & WALL (W fwd R,-, fwd L start LF trn, fwd R cont LF trn undr jnd ld hnds to fc ptr); {Hip Rocks} sd R rolling hip sd & bk,-, rec L w/hip roll, rec R w/hip roll;

13-16 DIP BACK WITH A LEG CRAWL ; RECOVER TO A HIP LIFT ; BASIC ; ;

- 13-14 {Dip Back} dip bk L (bring L leg w/toe twd the floor up along M's R outer thigh as the man straightens his leg) & hold,-,-,-; {Recover & Hip Lift} Rec R brng free ft to weighted ft, -, w/ slight pressure on L lift hip, lower hip ;
- 15-16 {Basic} sd L with body rise,-, bk R with slipping action, fwd L; sd R with body rise,-, fwd L with slipping action, bk R;

BRIDGE

1-2 SHOULDER TO SHOULDER TWICE ; ;

- 1-2 {Shoulder to Shoulders} sd & fwd L with body rise,-, XRIF with slipping action, bk L (sd & bk R,-, XLIB, fwd R); sd & fwd R with body rise,-, XLIF with slipping action, bk R (sd & bk L,-, XRIB, fwd L) to fc WALL;

REPEAT PART A REPEAT PART B

PART C

1-4 UNDERARM TURN ; LARIAT 1/2 (TO LOP FCG LOD) ; SWIVEL TO FACE FOR A FENCE LINE ; FORWARD BREAK ;

- 1-2 {Underarm Turn} sd L,-, XRIB of L leading W to trn undr jnd hnds, fwd L lead W to M's R sd (W sd R comm RF trn undr jnd lead hnds,-, XLIF of R trng 1/2 RF, fwd R cont trn to M's R sd); {Lariat 1/2} sd R, -, rec L, fwd R trng LF (fwd L, R, L circling 3/4 arnd M) to LOP pos LOD;
- 3-4 {Fenceline} swvlng LF to fc ptr sd L, cross lunge R twd RLOD, bk L; {Forward Break} sd & fwd R,-, fwd L, bk R (W sd & bk L, bk R, fwd L);

5-8 CROSS BODY (TO FACE WALL) ; REVERSE UNDERARM TURN ; (TOWARD LOD) CRAB WALKS ; ;

- 5-6 {Cross Body} sd & bk L trng LF, -, bk R w/slipping action, fwd L cont trn (W sd & fwd R, -, fwd L xif of M trng LF, sm step sd R) OP fcg WALL; {Reverse Underarm Turn} sd R w/body rise,-, XLIF lwrg trng RF twd RLOD, bk R comm 1/4 LF trn (und lead hds W sd L comm LF trn,-, XRIF trng 1/2 LF, fwd L to fc ptr);
- 7-8 {Crab Walks} sd L with body rise,-, XRIF, sd L; XRIF with body rise,-, sd L, XRIF;

9 SLOW SIDE CLOSE ;

- 9 {Side Close} sd L,-, cl R,-;

PART B (MODIFIED)

1-4 START A FAN ; TO A HOCKEY STICK ; ; NEW YORKER ;

- 1-2 {Fan Prep} sd L,-, bk R ldg W fwd to trn LF, rec L (sd & fwd R,-, fwd L, bk R swvl LF fc RLOD); {Fan to a Hockey Stick} sd R,-, fwd L, bk R (sm bk L to FAN pos, -, cl R, fwd L);
- 3-4 {Finish Hockey Stick} sd & bk L,-, sd & fwd R ldg W's LF trn, fwd L to fc DRW (fwd R,-, fwd L, fwd R trn 1/2 LF und jnd hnds to fc ptr & DLC); {New Yorker} sd R w/body rise,-, fwd L w/slip action lowering & trng 1/4 RF to fc RLOD in sd/sd pos, bk R trng to fc ptr & WALL;

5-8 TURNING BASIC ; ; TURNING BASIC 1/2 ; OPEN BREAK ;

- 5-6 {Turning Basic} sd L with sl RF bdy trn,-, bk R trng 1/4 LF w/slip action, sd & fwd L trng 1/4 LF (W sd R,-, fwd L trng 1/4 LF w/slip pivot action, sd & bk R turning 1/4 LF) end fcg WALL; Sd R,-, fwd L, bk R (W sd L,-, bk R, fwd L);
- 7-8 {Turning Basic} sd L with sl RF bdy trn,-, bk R trng 1/4 LF w/slip action, sd & fwd L trng 1/4 LF (W sd R,-, fwd L trng 1/4 LF w/slip pivot action, sd & bk R turning 1/4 LF) end fcg WALL; {Open Break} sd R,-, releasing trail hnds sm stp bk L (W bk) in ckg action extend arm, fwd R jn ld hnds;

9-12 LEFT PASS ; OPEN BREAK ; RIGHT PASS ; HIP LIFT (CP FACING WALL) ;

- 9-12 {Left Pass} fwd L to SCAR ldnf ptr to trn RF,-, bk R w/slip action, fwd L trng LF to fc ptr & WALL (fwd R trng 1/4 RF w/bk to ptr,-, sd & fwd L trng LF, bk R); {Open Break} sd R,-, releasing trail hnds sm stp bk L (W bk) in ckg action extend arm, fwd R jn ld hnds;
- 11-12 {Right Pass} fwd & sd L start RF trn raise hnds to create window,-, XRIB of L cont trn, fwd L fc ptr & WALL (W fwd R,-, fwd L start LF trn, fwd R cont LF trn undr jnd ld hnds to fc ptr); {Hip Lift} sd R brng free ft to weighted ft,-, w/slight pressure on free ft lift hip, lower hip;

13-15 SLOW HIP ROCK 2 ; DIP BACK & HOLD WITH A LEG CRAWL ; RECOVER TO A HIP LIFT & HOLD ;

- 13-14 {Slow Hip Rocks} sd L rolling hip sd & bk,-, rec R w/hip roll,-; {Dip Back} dip bk L (bring L leg w/toe twd the floor up along M's R outer thigh as the man straightens his leg) & hold,-,-;
- 15 {Recover & Hip Lift} Rec R brng free ft to weighted ft, -, w/ slight pressure on L lift hip, lower hip ;

ENDING

1-4 (AFTER THE WORD "MORE") BASIC ; ; 2 SIDE CLOSES ; (SLOWING) SIDE DRAW CLOSE ;

- 1-2 {Basic} in CP fcg WALL sd L with body rise,-, bk R with slipping action, fwd L; sd R with body rise,-, fwd L with slipping action, bk R;
- 3-4 {2 Side Closes} twd LOD sd L, cl R, sd L, cl R; {Side Draw Close} sd L,-, draw R twd L & cl,-;

5 PROMENADE SWAY ;

- 5 {Promenade Sway} in CP fcg WALL sd & fwd L stretching body upward to look over jnd lead hnds, relax L knee,-,-;

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Jim & Kathie Kline, July 2021

Nelson; Brother Harmony, Track 13 (1984)

Bolero; Phase 4; Increase speed slightly if desired

Sequence: INTRO, A, B, BR, A, B, C, B (MOD), END

INTRODUCTION

1-2 (BFLY) WT 2 ; ;

PART A

1-4 TIM STPS 2X ; ; HND-HND 2X (1/2 OP) ; ;

5-8 BOL WLKS ; ; SWCH X ; LUN BRK ;

9-12 (TWD LOD) AIDA PREP ; AIDA LINE W/HIP RKS ; SWCH X ; FNC LINE ;

13-16 UNDRM TRN ; FWD BRK ; 2 SD CLS ; SD DRAW CL ;

PART B

1-4 START A FAN ; TO A HKY STK ; ; NY ;

5-8 TRNG BAS ; ; TRNG BAS 1/2 ; OP BRK ;

9-12 L PASS ; OP BRK ; R PASS ; HIP RKS ;

13-16 DIP BK W/LEG CRAWL ; REC TO A HIP LIFT ; BAS ; ;

BRIDGE

1-2 SHLDR-SHLDR 2X ; ;

PART A

1-4 TIM STPS 2X ; ; HND-HND 2X (1/2 OP) ; ;

5-8 BOL WLKS ; ; SWCH X ; LUN BRK ;

9-12 (TWD LOD) AIDA PREP ; AIDA LINE W/HIP RKS ; SWCH X ; FNC LINE ;

13-16 UNDRM TRN ; FWD BRK ; 2 SD CLS ; SD DRAW CL ;

PART B

1-4 START A FAN ; HKY STK ; ; NY ;

5-8 TRNG BAS ; ; TRNG BAS 1/2 ; OP BRK ;

9-12 L PASS ; OP BRK ; R PASS ; HIP RKS ;

13-16 DIP BK W/LEG CRAWL ; REC TO A HIP LIFT ; BAS ; ;

PART C

1-4 UNDRM TRN ; LRT 1/2 (TO LOP FCG LOD) ; SWVL TO FC FOR A FNC LINE ;
FWD BRK ;

5-8 X BDY (WALL) ; REV UNDRM TRN ; (TWD LOD) CRB WLKS ; ;

9 SLO SD CL ;

PART B (MODIFIED)

1-4 START A FAN ; TO HKY STK ; ; NY ;

5-8 TRNG BAS ; ; TRNG BAS 1/2 ; OP BRK ;

9-12 L PASS ; OP BRK ; R PASS ; HIP LIFT ;
13-15 SLO HIP RK 2 ; DIP BK & HOLD W/LEG CRAWL ; REC TO A HIP LIFT & HOLD
;

ENDING

1-4 (AFTER THE WORD "MORE") BAS ; ; 2 SD CLS ; (SLOWING) SD DRAW CL ;
5 PROM SWAY ;