



It's A Heartache



Choreographer: Jim & Kathie Kline, 207 N. Mason Street, Smithfield, VA 23430

Email: jim@kallingkline.com; **Released:** March 2018

Artist: Bonnie Tyler: **Album:** Natural Force, Track 1 (1978)

Preview & Download Link:

https://www.amazon.com/dp/B007OM6M2C/ref=dm_ws_tlw_trk1

Time: 3:32: **Speed:** 100%

Rhythm: Foxtrot; Phase III: **Difficulty:** Easy

Footwork: Opposite unless noted (Woman's footwork in parenthesis)

Note: Choreographed for Betty

Sequence: INTRO, A, INT, B, A, INT, B, A, INT, END

INTRODUCTION

1-4 (OP FCG WALL) WAIT 2 ;; CLOSE UP TOUCH (CP WALL) ; BOX FINISH (CP LOD) ;

1-2 {Wait 2} in op FCG wall wait 2 measures,-,-,-,-,-,-,-,-;

3-4 {Close up Touch} tog L,-, tch R to L to CP WALL,-; {Box Finish LOD} in CP bk R trng 1/4 LF,-, sd L, cl R to fc LOD;

PART A

1-4 FORWARD & RUN 2 TWICE ;; FOXTROT BOX (SCAR) ;;

1-2 {Forward Run 2 Twice} fwd L,-, fwd R, fwd L; fwd R,-, fwd L, fwd R;

3-4 {Box} fwd L,-, sd R, cl L; bk R,-, sd L, cl R blindg to SCAR DLW;

5-8 CROSS HOVER (BJO) ; CROSS HOVER (SCAR) ; CROSS HOVER (SCP) ; THRU FACE CLOSE ;

5-6 {Cross Hover BJO} in SCAR XLIFR (W XRIBL),-, sd R w/rise (W bk L w/rise), rec L to BJO DLC;

{Cross Hover SCAR} in BJO XRIFL (W XRIBL),-, sd L w/rise, rec R to SCAR DLW;

7-8 {Cross Hover SCP} in SCAR XLIFR (W XRIBL),-, sd R w/rise, rec L to SCP LOD; {Thru Face Close} thru R trng to fc ptr,-, sd L, cl R to CP WALL;

9-12 WHISK ; FORWARD HOVER (BJO) ; BACK HOVER (SCP) ; THRU FACE CLOSE ;

9-10 {Whisk} fwd L,-, fwd & sd R w/slight rise, XLIB (W XRIB) to SCP LOD; {Forward Hover} fwd R,-, fwd L with w/slight rise, rec R (W fwd L,-, fwd R w/slight rise trn LF, fwd L) to BJO LOD;

11-12 {Back Hover} bk L,-, sd & bk R w/slight rise, rec L (W fwd R,-, sd & fwd L w/slight rise trng to SCP, rec R); {Thru Face Close} thru R trng to fc ptr,-, sd L, cl R to CP WALL;

13-16 HOVER ; MANUEVER ; 2 RIGHT TURNS (CP LOD) ;;

13-14 {Hover} fwd L,-, sd & fwd R w/slight rise, rec L; {Manuever} fwd R trn RF,-, sd L cont RF trn to fc RLOD, cl R;

15-16 {Right Turns} bk L trn 1/8 RF,-, sd R lod cont RF trn, cl L; fwd R trn 1/8 RF,-, fwd L cont RF trn, cl R to CP LOD;

INTERLUDE

1-4 PROGRESSIVE BOX ;; 2 LEFT TURNS ;;

- 1-2 {Progressive Box} fwd L,-,sd R, cl L; fwd R,-, sd L, cl R;
3-4 {2 Left Turns} fwd L trng 3/8 LF, -, sd R, cl L; bk R tng 3/8 LF to CP WALL, -, sd L, cl R;

5-8 LACE ACROSS ; FORWARD & RUN 2 ; LACE BACK ; FORWARD FACE CLOSE ;

- 5-6 {Lace Across} ldg W under jnd ld hnds fwd L chg sds,-, cl R, fwd L to LOP LOD; {Forward & Run 2} fwd R,-, cl L, fwd R;
7-8 {Lace Back} ldg W under jnd trl hnds fwd L chg sds,-, cl R, fwd L to OP LOD; {Forward Face Close} fwd R trng to fc ptr,-, sd L, cl R to CP WALL;

PART B

1-4 LEFT TURNING BOX ;;;

- 1-2 {Left Turning Box} fwd L trn LF 1/4,-, sd R, cl L; bk R trn LF 1/4,-, sd L, cl R;
3-4 fwd L trn LF 1/4,-, sd R, cl L; bk R trn LF 1/4,-, sd L, cl R blndg to CP WALL;

5-6 QUICK VINE 8 ;;

- 5-6 {Vine 8} sd L, XRIB (W XLIB), sd L, XRIF (W XRIB); sd L, XRIB (W XLIB), sd L, XRIF (W XRIB);

1-4 LEFT TURNING BOX ;;;

- 7-8 {Left Turning Box} fwd L trn LF 1/4,-, sd R, cl L; bk R trn LF 1/4,-, sd L, cl R;
9-10 fwd L trn LF 1/4,-, sd R, cl L; bk R trn LF 1/4,-, sd L, cl R to CP WALL;

11-12 1/2 BOX FORWARD ; BOX FINISH (CP LOD) ;

- 11-12 {Half Box} fwd L,-, sd R, cl L; {Box Finish LOD} bk R trng 1/4 LF,-, sd L, cl R to CP LOD;

ENDING

1-2 SIDE DRAW CLOSE ; DIP BACK & HOLD ;

- 1-2 {Side Draw Close} sd L, draw R to L, cl R,-; {Dip Back} dip bk L relaxing L knee & hold,

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Foxtrot; Phase III

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PART A

1-4 FWD & RUN 2 TWICE ;; FOXTROT BOX (SCAR) ;;

5-8 X HVR (BJO) ; X HVR (SCAR) ; X HVR (SCP) ; THRU FC CL ;

9-12 WHISK ; FWD HOVER (BJO) ; BK HOVER (SCP) ; THRU FC CL ;

13-16 HOVER ; MANUV ; 2 RT TRNS (CP LOD) ;;

INTERLUDE

1-4 PROG BOX ;; 2 LF TRNS ;;

5-8 LACE ACRS ; FWD & RUN 2 ; LACE BK ; FWD FC CL ;

PART B

1-4 LF TRN BOX ;;;;

5-6 QK VINE 8 ;;

7-10 LF TRN BOX ;;;;

11-12 1/2 BOX FWD ; BOX FIN (CP LOD) ;

PART A

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INTERLUDE

1-4 PROG BOX ;; 2 LF TRNS ;;

5-8 LACE ACRS ; FWD & RUN 2 ; LACE BK ; FWD FC CL ;

ENDING

1-2 SD DRAW CL ; DIP BACK & HOLD ;