



Free To Be Lonely Again



Choreographer: Jim & Kathie Kline, 207 N. Mason Street, Smithfield, VA 23430
Email: jim@kallingkline.com; **Released:** (Choreographed – 9 March 2020)
Artist: Debby Boone; **Album:** Love Has No Reason, Track 5 (1980)
Time/Speed: 2:46 @ 100%
Download: https://www.amazon.com/dp/B07D2MBPRB/ref=dm_ws_tlw_trk5
Preview: <https://www.youtube.com/watch?v=gl6VjFKQv7c>
Rhythm: Two Step; Phase II; **Difficulty:** Average
Footwork: Opposite unless noted (Woman's footwork in parenthesis)

Sequence: INTRO, A, B, BR, A, B, B, END

INTRODUCTION

1-4 (BFLY) WAIT 2 ; ; APART POINT ; TOGETHER TOUCH (CP WALL) ;

1-2 {Wait} in OP fcg ptr wait 2 meas;-;
 3-4 {Apart Point} stp apt L,-, pt R,-; {Together Touch} fwd R,-,tch L to CP WALL,-;

5-8 TRAVELING BOX (SCP) ; ; ; ;

5-6 {Traveling Box} sd L, cl R, sd L trng to SCAR RLOD,-; fwd R,-, fwd L to fc ptr CP WALL,-;
 7-8 sd R, cl L, bk R trng to SCP LOD,-; fwd L,-, fwd R,-;

PART A

1-4 2 FORWARD TWO STEPS ; ; DOUBLE HITCH ; ;

1-2 {Forward Two Steps} in SCP LOD fwd L, cl R, fwd L,-; fwd R, cl L, fwd R,-;
 3-4 {Double Hitch} fwd L, cl R, bk L,-; bk R, cl L, fwd R,-;

5-8 2 FORWARD TWO STEPS ; ; CUT BACK TWICE ; DIP BACK & RECOVER (TO FACE CP WALL) ;

5-6 {Forward Two Steps} in SCP LOD fwd L, cl R, fwd L,-; fwd R, cl L, fwd R,-;
 7-8 {Cut Backs} XLIFR tightly,bk R, XLIFR tightly, bk R; {Dip Back & Recover} bk L relaxing knee,-,rec R trng to fc ptr in CP fcg WALL,-;

9-12 BOX ; ; SIDE TWO STEP LEFT & RIGHT ; ;

9-10 {Box} sd L, cl R, fwd L,-; sd R, cl L, bk R,-;
 11-12 {Side Two Steps} sd L, cl R, sd L,-; sd R, cl L, sd R,-;

13-16 FACE TO FACE ; BACK TO BACK ; OPEN VINE 4 ; ;

13-14 {Face to Face} sd L, cl R, sd L trng LF 1/2,-; {Back to Back} sd R, cl L, sd R trng RF 1/2 to BFLY,-;
 15-16 {Open Vine} trng to fc sd L,-,XRIBL to L OP (W XLIBR)-; trng to fc sd L,-,XRIFL to (W XLIFR) to BFLY fcg WALL,-;

PART B

1-4 LACE UP ; ; ; ;

1-2 {Lace Up} fdg W under jnd ld hnds fwd L chg sds, cl R, fwd L,-; fwd R, cl L, fwd R,-;
 3-4 ldg W under jnd trl hnds fwd L chg sds, cl R, fwd L,-; fwd R, cl L, fwd R,-;

5-8 FORWARD LOCK FORWARD TWICE ; ; SCOOT ; WALK & FACE (CP WALL) ;

5-6 {Forward Lock Forward} with slight L shldr ld fwd L, lk R in bk of L,-; with slight R shldr ld fwd L, lk R in bk of L,-;
 7-8 {Scoot} fwd L, cl R, fwd L, cl R; {Walk & Face} fwd L,-, fwd R trng to fc ptr in BFLY WALL,-;

9-12 BROKEN BOX ; ; ; ;

9-10 {Broken Box} sd L, cl R, fwd L,-; fwd R,-, rec L,-;
 11-12 sd R, cl L, bk R,-; bk L,-, rec R,-;

13-16 FORWARD HITCH ; SCISSORS THRU ; TWIRL 2 ; WALK & FACE ;

- 13-14 {Forward Hitch} fwd L, cl R, bk L,-; {Scissors Thru} sd R, cl L, XRIFL (W XLIFR) to OP fcg LOD,-;
15-16 {Twirl 2} fwd L,-, fwd R,- (W fwd R trng RF undr ld hnds,-, cont trn sd & bk L) ; {Walk & Face} twd
LOD fwd L,-, fwd R trng to fc ptrn in CP WALL,-;

INTERLUDE

1-2 APART POINT ; TOGETHER TOUCH (CP WALL) :

- 1-2 {Apart Point} stp apt L,-, pt R,-; {Together Touch} fwd R,-, tch L to CP WALL,-;

3-6 TRAVELING BOX (SCP) ; ; ; :

- 3-4 {Traveling Box} sd L, cl R, sd L trng to SCAR RLOD,-; fwd R,-, fwd L to fc ptrn CP WALL,-;
5-6 sd R, cl L, bk R trng to SCP LOD,-; fwd L,-, fwd R,-;

REPEAT PART A

REPEAT PART B

REPEAT PART B

ENDING

1-4 LACE UP ; ; ; :

- 1-2 {Lace Up} fdg W under jnd ld hnds fwd L chg sds, cl R, fwd L,-; fwd R, cl L, fwd R,-;
3-4 ldg W under jnd trl hnds fwd L chg sds, cl R, fwd L,-; fwd R, cl L, fwd R,-;

5-8 FORWARD LOCK FORWARD TWICE ; ; SCOOT ; WALK 2 ;

- 5-6 {Forward Lock Forward} with slight L shldr ld fwd L, lk R in bk of L,-; with slight R shldr ld fwd L, lk R
in bk of L,-;

- 7-8 {Scoot} fwd L, cl R, fwd L, cl R; {Walk 2} fwd L,-, fwd R,-;

9-10 TWIRL 2 ; APART & POINT ;

- 9-10 {Twirl 2} fwd L,-, fwd R,- (W fwd R trng RF undr ld hnds,-, cont trn sd & bk L) ; {Apart Point} stp apt L,-, pt
R,-;

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Two Step; Phase 2

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INTRODUCTION

1-4 ___ (BFLY) WAIT 2 ; ; APT PT ; TOG TCH (CPW) ;

5-8 ___ TRAV BOX (SCP) ; ; ; ;

PART A

1-4 ___ 2 FWD TWO STPS ; ; DBL HTCH ; ;

5-8 ___ 2 FWD TWO STPS ; ; CUT BK 2X ; DIP BK & REC (TO FC) ;

9-12 ___ BOX ; ; SD TWO STP L & R ; ;

13-16 ___ FC-FC ; BK-BK ; OP VN 4 ; ;

PART B

1-4 ___ LC UP ; ; ; ;

5-8 ___ FWD LK FWD 2X ; ; SCOOT ; WK & FC ;

9-12 ___ BRKN BOX ; ; ; ;

13-16 ___ FWD HTCH ; SCIS THRU ; TWRL 2 ; WLK & FC ;

INTERLUDE

1-2 ___ APT PT ; TOG TCH (CPW) ;

3-6 ___ TRAV BOX (SCP) ; ; ; ;

PART A

1-4 ___ 2 FWD TWO STPS ; ; DBL HTCH ; ;

5-8 ___ 2 FWD TWO STPS ; ; CUT BK 2X ; DIP BK & REC (TO FC) ;

9-12 ___ BOX ; ; SD TWO STP L & R ; ;

13-16 ___ FC-FC ; BK-BK ; OP VN 4 ; ;

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13-16 ___ FWD HTCH ; SCIS THRU ; TWRL 2 ; WLK & FC ;

ENDING

1-4 ___ LC UP ; ; ; ;

5-8 ___ FWD LK FWD 2X ; ; SCOOT ; WLK 2 ;

9-10 ___ TWRL 2 ; APT & PT ;