



Be Bop Blues Foxtrot

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Record: Rawhide Records 832 **Time/Speed:** 2:12 @ 100%

Rhythm: Foxtrot; Phase III+2 (Diamond Turn, In & Out Runs); **Difficulty:** Average

Footwork: Opposite unless noted (Woman's footwork in parenthesis)

Sequence: INTRO, A, B, INT, A, B, END

INTRODUCTION

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1-4 WAIT 2 ;; APT PT ; TOG TCH ;

1-2 in BFLY fcg WALL wait 2 measures,,,,,;

3-4 Apart L, -, pt R twds ptr, - ; Take weight on R, - tch L to CP WALL, - ;

PART A

1-4 LF TRN BOX (SCAR) ;

1-2 fwd L trn LF ¼,-, sd R, cl L; bk R trn LF ¼,-, sd L, cl R;

3-4 fwd L trn LF ¼,-, sd R, cl L; bk R trn LF ¼,-, sd L, cl R blind to SCAR;

5-8 X HOVER 3X TO SCP ;; FWD FC CL ;

5-6 in SCAR XLIFR (W XRIBL),-, sd R w/rise (W bk L w/rise), rec L to BJO; in BJO XRIFL (W XRIBL),-, sd L w/rise, rec R to SCAR;

7-8 in SCAR XLIFR (W XRIBL),-, sd R w/rise, rec L to SCP; fwd R (w bk L),-, trng to fc WALL sd L, cl R;

9-12 HOVER ; IN & OUT RUNS ;; PU (DLC) ;

9-10 fwd L,-, sd & fwd R w/rise, rec L; M thru R comm RF turn,-, sd & bk L cont turn to CP, bk R to contra BJO fcg R LOD (W fwd L,-, R betw M's ft, fwd L in contra BJO);

11-12 Bk L turn RF,-, sd & fwd R betw W's feet cont. RF turn, fwd L to SCP DC (W fwd R turn RF,-, fwd & sd L cont. turn, fwd R to SCP); fwd R ldg W in frnt,-, sd L, cl R to CP DLC;

PART B

1-4 DIAMOND TRN ¾ ;; BK ½ BOX ;

1-2 fwd L trng LF on diag,-, cont LF trn sd R, bk L; Cont LF trn R,-, sd L, fwd R;

3-4 Fwd L trng LF on diag,-, sd R, bk L; bk R, -, sd L, clo R to fc CP WALL;

5-8 HOVER ; MANUV ; IMPETUS ; CHAIR REC & FC ;

5-6 fwd L,-, sd & fwd R w/rise, rec L; fwd R trng RF in frnt of W,-, sd L, cl R to CP LOD;

7-8 bk L trng RF, cl R to L heel trng RF, sd & fwd L to SCP DLW (W comm RF trn stp fwd R btwn M's feet pvtg ½,-, sd & fwd L cont trn, fwd R to SCP); ck thru R w/soft knee,-, rec bk L, cl R in CP wall;

9-12 BOX ;; TWISTY VINE ; FWD FC CL ;

9-10 fwd L,-, sd R, cl L; bk R,-, sd L, cl R;

11-12 sd L,-, XRIBL (w XLIFR), sd L; fwd R (w bk L),-, trng to fc WALL sd L, cl R;

INTERLUDE

1-4 WHISK ; PU (SCAR) ; TELEMARK ; HOVER FALLAWAY ;

- 1-2 fwd L,-, sd & fwd R w/rise, hk L beh R (W hk R beh L); fwd R ldg W in frnt,-, sd L, cl R to SCAR DLW;
- 3-4 fwd L,-, trn LF sd & fwd R (W bk L w/heel trn), fwd L to tight SCP; in SCP fwd R,-, fwd L ckg w/rise, rec R;

5-8 SLIP PIVOT (BJO) ; MANUV ; OVERSPIN TRN (WALL) ; ½ BK BOX ;

- 5-6 bk L (W bk R),-, bk R trng LF ¼ (W trns LF fwd L), fwd L; fwd R trng RF in frnt of W,-, sd L, cl R to CP RLOD;
- 7-8 bk L pvtg RF ¾, -, fwd R, sd & bk L; bk R,-, sd L, cl R;

END

1-4 HOVER ; IN & OUTS RUNS ;; THRU FC CL ;

- 1-2 fwd L,-, sd & fwd R w/rise, rec L; M thru R comm RF turn,-, sd & bk L cont turn to CP, bk R to contra BJO fcg R LOD (W fwd L,-, R betw M's ft, fwd L in contra BJO);
- 3-4 Bk L turn RF,-, sd & fwd R betw W's feet cont. RF turn, fwd L to SCP DC (W fwd R turn RF,-, fwd & sd L cont. turn, fwd R to SCP); thru R, -, sd L trng to fc ptr, cl R to CP WALL;

5-6 VINE 3 ; THRU & STEP APT ;

- 5-6 sd L,-, XRIBL (W XLIBR), sl L; XRIFL (W XLIFR),-, trng to fc ptr stp apt L, cl R;